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PARLIAMENT OF KENYA STAFF SPORTS FESTIVAL



**PARLIAMENT BUILDINGS
NAIROBI**

MAY 2016



Leading by Example Hon. Speaker of the National Assembly in action

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ACKNOWLEDGEMENT

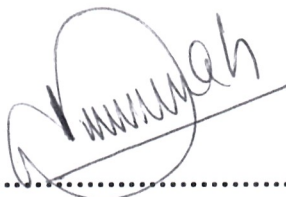
The Parliamentary wellness, sports and recreation committee takes this opportunity to thank the Parliamentary Service Commission under the chairmanship of Hon. Justin Muturi, EGH, MP, the Speaker of the National Assembly of Kenya, Speaker of the Senate Senator, Ekwee Ethuro, EGH,EBS, MP, the Clerks of both Houses, Mr. Jeremiah Nyegenye, CBS. Clerk of the Senate/ Secretary to the Commission and Mr. Justin Bundi, CBS, Clerk of the National Assembly, The Director General, Parliamentary Joint Services Mr. Clement Nyandiere and the entire Board of Senior Management for the support and facilitation of the Staff Sports Day held in November 25, 2015 at Nyayo National Stadium.

We are also indebted to our fellow staff members in National Assembly, Senate, Joint Services and Parliamentary Police Unit for their zeal and commitment to making the Sports Day a success and more interactive.

Special accolades go to the various Services Wellness Committees through the chairpersons, Team Managers, Team Coordinators, the various technical benches, the medical team, the Catering department, the Transport department, the service providers, the secretariat and entire Parliament of Kenya fraternity for the job well done.

It is my pleasure and duty on my own behalf and on behalf of the Committee to hand over the Report of the Staff Sports Day November, 2015, held in Nyayo National Stadium.

Signed.....



Date.....

16TH MAY 2016

MR. SYLVESTER OCHOLACHAIRMAN PARLIAMENTARY STAFF WELLNESS, SPORTS AND RECREATION

PREFACE

The Parliamentary wellness, sports and recreation committee was established by a resolution of the Board of Senior Management (BOSM) at its 77th Meeting held on 2nd March, 2015.

This was following the presentation of the 2015 Staff Sports Day report which recommended that a Parliamentary Committee be established to be in charge of the wellness, Sports and Recreation activities of the staff of the Parliamentary Service Commission (PSC).

The Committee is mandated:

- (a) To arrange and organize all the sporting activities of the Members of Staff of PSC;
- (b) To arrange and organize activities which are towards improving the wellness of the Members of Staff;
- (c) Organizing social activities such as team building which enhance interpersonal relationships at the work place;
- (d) Organize activities which promotes emotional intelligence towards minimising stress at the work place;
- (e) Organize activities which enhances occupational health and safety at the work place.

In exercising its mandate the committee oversees the following in conjunction with the health club department:

- (a) Mobilizes the Members of staff to engage in the Wellness, Sports and Recreation;
- (b) Creates awareness that the members of staff Parliamentary Officers despite the Houses divide;
- (c) Organizes all the Wellness, Sporting and Recreation activities for the members of staff;
- (d) Organizes training venues and ensures that all the necessary equipment are available to the members of staff;
- (e) Ensures the health and safety of the members of staff while undertaking such activities.

The Committee is comprised of the following members:

(1) Sylvester Ochola	Health Club Manager	Chairperson
(2) Stephen Mutungi	Senior Asst. Hansard Editor	National Assembly
(3) Wanjiru Ndindiri	Clerk Assistant I	National Assembly
(4) Stephen Gikonyo	Clerk Assistant I	Senate
(5) Lilian Marete	Senior Internal Auditor	Joint services
(6) Crispus Parmasai	Clerk Assistant III	PSC Secretariat (Secretary)
(7) Alice Nanyama	Senior Personal Secretary	Senate

ABBREVIATIONS

BOSM	Board of Senior Management
PSC	Parliamentary Service Commission

LIST OF TABLES

Summary of Results

SUMMARY

The Parliamentary Staff Sports day 2015 report entails the background of the Games based on the Resolutions of the Board of Senior Management (BOSM) at its 98th meeting held in November 2015 which set the modalities of the Games. The report captures the initial preparations and the involvement of all the stakeholders through a total of six meetings prior to and after the games.

The participants from the Services (The National Assembly, The Senate, Joint Services and the Parliamentary Police) took part in the Games and participated in Football (men/women, Volleyball (men/women), Netball, Tug of war (men and Women), Darts, Badminton, Table Tennis, Pool and Athletics (men/women).

Team Joint Services were the overall winners with 109 points, Team Parliamentary Police, Runners up with 68 points, Team National Assembly 2nd Runners up with 66 points while Team Senate was 4th overall with 61 points.

The games were judged the best organized so far following the comments of the Speaker, the Clerk of the Senate and the Clerk of the National Assembly.

The report also contains the challenges and proposed solutions as well as resolutions for future activities to make the games organized, competitive more inclusive and interactive going forward.

PARLIAMENTARY SERVICE COMMISSION STAFF SPORTS FESTIVAL - 2015

1.0 INTRODUCTION

At its 98th meeting held in November 2015, the Board of Senior Management [BOSM] considered board paper No. 359 on the preparation for the staff sports day 2015 and resolved that the event be held on 20th November 2015 at the Nyayo National Stadium.

The Parliamentary wellness, sports and recreation committee which is mandated to organize such staff activities composed of the following members thereafter, embarked on the task of arranging and organizing the sports day.

i.	Mr. Sylvester O. Ochola	-	Joint Services	-	Chairman
ii.	Mr. Stephen K. Mutungi	-	National Assembly	-	Member
iii.	Mr. Stephen Gikonyo	-	Senate	-	Member
iv.	Ms. Lilian Marete	-	Joint Services	-	Member
v.	Ms. Wanjiru Ndindiri	-	National Assembly	-	Member
vi.	Ms. Alice Nanyama	-	Senate	-	Senate
vii.	Mr. Crispus Parmasai	-	PSC Secretariat	-	Secretary

The terms of reference for the committee in this case was to: -

- To organize and deliver a successful and memorable Parliamentary Staff Sports day;
- To facilitate the formation of the various teams and arrange for training;
- To procure all the necessary items and venues for the games;
- To tabulate and correlate results and identify the winners for prizes and awards.

2.0 PRELIMINARIES

In their resolution, the Board of Senior Management dealt with challenges that had emerged during the 2014 staff sports day held at the Kenya School of Monetary Studies, Thika Road on the following issues: -

- i. **Non-partisan Staff** – That contract staff and interns within the Parliamentary Service Commission be allowed to participate for their services in the games so long as they are officially engaged and possess the Parliamentary Service Commission staff identity card.
- ii. **Parliamentary Police Unit** – The officers attached to and who work on a daily basis in the Parliamentary precincts be allowed to participate as a guest team but not to be scored points or ranked in the competition.
- iii. **Kits and uniforms** – That each service makes arrangements for its own kits and uniforms.
- iv. **Trials** – That each and every service to organize for their own trials to select teams to represent the service during the sports day.
- v. **Match officials** – That competent match officials be sourced from the various federation to ensure that there is fairness during the sports day.

3.0 PREPARATIONS

The Parliamentary wellness sports and Recreation Committee held a total of five meeting with representatives of the services [teams] to agree on the modalities of holding successful sports.

3.1 THE FIRST JOINT MEETING

The first joint meeting held on 16th November 2015 was attended by a total of forty three officers drawn from the four teams and agreed on the following: -

- ✓ Considered the resolutions of the Board of Senior Management and agreed with all but requested that the Police Team be given full participant status other than as a guest team;
- ✓ That trophies won by the various services during the 2014 staff sports day be returned to the Games Secretariat;
- ✓ Eligibility of participants in the games in regard to staff whose stations were not clear;

- ✓ The rules and regulations for all the disciplines. In attendance were the representatives of referees for the various disciplines;
- ✓ Earlier submissions of teams representing various services for cross checking to avoid complaints during the sports day after all the services had conducted their trials.

3.2 THE SECOND JOINT MEETING

The second joint meeting held on 17th November 2015 and was attended by thirty representatives of the various services and agreed on the following: -

- ✓ Adopted the minutes of the first meeting but raised issues on the late submission of team lists by the services;
- ✓ The formation of a tabulation and correlation sub-committee to tally the results. Each service to nominate one person to sit in the committee.

3.3 THE THIRD JOINT MEETING

The third joint meeting held on 18th November 2015 was attended by forty six officials representing the various services and agreed on the following: -

- ✓ Adopted the minutes of the second meeting but issues were raised on the delay in submissions of the team list which was to guide the preparation of the programme for the sports day;
- ✓ The formation of a dispute and resolutions committee and the procedures. This committee was to be chaired by the Chief organizer and made up of the team managers, the captains and the relevant match officials;
- ✓ That the next meeting be held at the venue of the games for the purpose of familiarization.

3.4 THE FOURTH JOINT MEETING

The fourth joint meeting was held at the venue of the games on 19th November 2015 and was attended by thirty officers including the match officials.

The meeting agreed on the following: -

- ✓ MINUTES OF THE THIRD MEETING – The minutes of the third meeting were adopted.
- ✓ GAME VENUES – A familiarization tour was made to all the venues of the various games by the teams and match officials.
- ✓ DRAWS – The draws were conducted for the various disciplines.
- ✓ PRIZES AND AWARDS – Discussions and concurrence on the prize and awards during the sports day.
- ✓ PROGRAMME – An interim programme was tabled pending the submission of team lists by various teams.
- ✓ MEALS AND REFRESHMENTS – That the meals and refreshment were to be provided by the Parliamentary Catering department.
- ✓ MASTERS OF CEREMONY – That the master of ceremony has been sourced from outside parliament to avoid bias in reporting.
- ✓ ENTERTAINMENT – That entertainment will be provided by the Kenya Prisons band and the hired entertainment group.
- ✓ MEDICAL PROVISIONS – That the medical provisions to be provided by the Agakhan University Hospital, the St John's Ambulance and the TIATSI for massage and physiotherapy services.

4.0 THE RESULTS

4.1 ATHLETICS [WOMEN]

4.1 [a] TEAM AWARDS

<u>Position/Awards</u>	<u>Service</u>	<u>Points</u>
🏆 Winners trophy	Joint Services	41
🏆 Runners up trophy	The Senate	16
🏆 2 nd Runners up trophy	National Assembly	13
🏆 Fourth place	Parliamentary Police Unit	10



Going for the prize

4.1 [b] INDIVIDUAL WINNERS

	<u>Position/Awards</u>	<u>Players</u>	<u>Service</u>	<u>Points</u>
100M	Gold Medalist	Ruth Vusaka	Senate	4
	Silver Medalist	Faith Makena	National Assembly	3
	Bronze Medalist	Shakilla Mukolwe	National Assembly	2
	Fourth position	Alice Wanjiru	Parliamentary Police Unit	1
200M	Gold medalists	Ruth Vusaka	Senate	4
	Silver medalists	Rhoda Kavesa	Joint Services	3
	Bronze medalists	Carol Wasilwa	Joint Services	2
	Fourth position	Nancy Gathure	Parliamentary Police Unit	1
400M	Gold medalists	Winnie Morogo	Joint Services	4
	Silver medalists	Shakilla Mukolwe	National Assembly	3
	Bronze medalists	Mopamo Liz	Joint Services	2
	Fourth place	Linda Achieng	Parliamentary Service Unit	1
800M	Gold medalists	Catherine Lolim	Joint Services	4
	Silver medalists	Rufo Bante	Joint Services	3
	Bronze medalists	Mapamo Liz	Joint Services	2
	Fourth place	Cynthia Chemiryoy	Joint Services	1
1500M	Gold Medalists	Catherine Lolim	Joint Services	4
	Silver Medalists	Lucy Chemtai	Parliamentary Police Unit	3
	Bronze medalist	Gladys Chelangat	Parliamentary Police Unit	2
	Fourth Place	Mariam Mwakio	Senate	1

1500 M [Walk]

Gold medalists	Jacinta Maru	Joint Services	4
Silver medalists	Irene Machocho	Joint Services	3
Bronze medalists	Rufo Bante	Joint Services	2
Fourth place	Mildred Olwanda	Joint Services	1

4 x 100M RELAY

Gold medalist	Ruth Vusaka, Eunice Ogutu, Sharon Nasiegu, Sellah Masilikani	Senate	4
Silver medalists	Faith Makena, Shakila Mukolwe, Wanjiru Ndindiri, Ruth Mwhaki	National Assembly	3
Bronze medalists	Winnie Morogo, Carolyne Wasilwa, Violet Adavuki, Naponu Lengewa	Joint Services	2
Fourth place	Alice Wanjiru, Lucy Chemutai, Nancy Kathure, Gladys Chelang'at	Parliamentary Police Unit	1

4 x 400M RELAY

Gold medalist	Carolyne Wasilwa, Naponu Lengewa, Rufo Bante, Catherine Lolim	Joint Services	4
Silver medalists	Sellah Masilikani, Ruth Vusaka, Caroline Namunyak, Emmy Chebet	Senate	3
Bronze medalists	Mary Lemerele, Maureen Atamba, Connie Karimi, Faith Makena	National Assembly	2
Fourth place	Alice Wanjiro, Loise Kombe, Lucy Chemutai, Linda Achieng'	Parliamentary Police Unit	1

4.2 ATHLETICS [MEN]

4.2 [a] TEAM AWARDS

Winners trophy	Parliamentary Police Unit	34
Runners up	Joint Services	18
2 nd Runners up/Bronze Medalist	National Assembly	12
Fourth place	Senate	11

4.2 [b] INDIVIDUAL WINNERS

100M Gold medalists	Vincent Makori	Parliamentary Police Unit	4
Silver medalist	Timothy Kilonzo	Parliamentary Police Unit	3
Bronze medalist	Charles Musera	Senate	2
Fourth place	Thomas Wasike	Joint Services	1
200M Gold medalists	Vincent Makori	Parliamentary Police Unit	4
Silver medalist	Raphael Chege	Parliament Police Unit	3
Bronze medalist	Charles Musera	Senate	2
Fourth place	Philip Nganda	National Assembly	1
400M Gold Medalist	Charles Atito	Parliamentary Police Unit	4
Silver Medalist	Timothy Kilonzo	Parliamentary Police Unit	3
Bronze Medalists	Thomas Wasike	Joint Services	2
Fourth Place	Robert Langat	National Assembly	1
800M Gold medalists	Francis Mutua	Parliamentary Police Unit	4
Silver medalist	Robert Kosgei	Joint Services	3
Bronze medalist	Nicholas Koech	Joint Services	2
Fourth place	Robinson Mutai	Joint services	1

1500M

Gold medalists	Francis Mutua	Parliamentary Police Unit	4
Silver medalist	Hillary Langat	Joint Services	3
Bronze medalists	Henry Kipyegon	Senate	2
Fourth place	Job Analo	National Assembly	1

1500M (Walk)

Gold Medalist	Jillo Yiezel	National Assembly	4
Silver Medalist	James Ngusya	Senate	3
Bronze Medalist	Patroba Ojwang	Joint Services	2
Fourth Place	Gideon Etelefi	Parliamentary Police Unit	1

4 x 100M [RELAY]

Gold medalists	Vincent Makori, Alvin Wekesa, Simon Kimaru, Newton Rono	Parliamentary Police Unit	4
Silver medalist	Philip Nganda, Finlay Muriuki, Robert Langat, Joram Barasa	National Assembly	3
Bronze medalists	Kennedy Barasa, Maxwell Okoth, Hudson Mwakili, Daniel Namachanja	Joint Service	2
Fourth place	Charles Musera, Naimodu, James Kimiti, Victor Bett	Senate	1

4x400m [RELAY]

Gold medalists	Maxwell Okoth, Robert Koskei Thomas Lotike, Nicholas Koech	Joint Services	4
Silver medalist	Kiplang'at Mitei, T. Kilonzo, Vincent Makori, Dickson Ireri	Parliament Police Unit	3
Bronze medalists	Ken Angwa, Julius, Maganga, Joram Barasa, Robert Langat	National Assembly	2
Fourth place	Charles Musera, Victor Bett, Benson Bii, Henry Chebyegon	Senate	1

4.3 FOOTBALL



4.3.1 FOOTBALL [MEN]

[a] TEAM AWARDS

i. Winners trophy / Gold medalists	Parliamentary Police Unit	4
ii. Runners up / Silver medalists	Joint Services	3
iii. 2 nd Runners up/ Bronze medalists	National Assembly	2
iv. Fourth place	Senate	1

[b] INDIVIDUAL AWARDS

🏆 Most valuable player [MVP]- Stephen Njata	Joint Services
🏆 Golden Boot [highest scorer]- Joram Barasa	National Assembly
🏆 Golden Gloves – Antony Njoroge	Joint Services

4.3.2 FOOTBALL [WOMEN]

[a] TEAM AWARD

1. Winners trophy / Gold medalists	Joint Services	4
2. Runners up trophy [Silver medalists	Senate	3
3. Second Runners up trophy/bronze medalists	National Assembly	2
4. Fourth place	Parliamentary Police Unit	1

[b] INDIVIDUAL AWARDS

🏆 Most valuable player [MVP]- Purity Muthoni	Joint Services
🏆 Golden Boot Purity Muthoni	Joint Services
🏆 Golden Gloves Ruth Vusaka	Senate

4.4 NETBALL

4.4 [a]TEAM AWARDS

1. Winners trophy /Gold medalists	Joint Services	4
2. Runners up trophy / silver medalists	Senate	3
3. Second runners up trophy /bronze medalists	Parliamentary Police Unit	2
4. Fourth place	National Assembly	1



Netball team Joint Services

4.4 [b] NETBALL INDIVIDUAL AWARDS

1. Most valuable player [MVP]	Florence Chemutai	Joint Services
2. Best defender	Alice Wanjiru	Parliamentary Police Unit
3. Best shooter	Selah Masilikani	Senate
4. Best midfielder	Faith Makena	National Assembly

4.5 VOLLEYBALL

4.5.1 VOLLEYBALL MEN

4.5.1 [a] TEAM AWARDS

1. Winners/Gold medalists	Parliamentary Police Unit	4
2. Runners up / silvers medalists	Joint services	3
3. Second runners up / Bronze medalists	National Assembly	2
4. Fourth place	Senate	1

4.5.1 [b] VOLLEYBALL MEN INDIVIDUAL AWARDS

1. Most valuable player	Davis Rotich	Joint Services
2. Best receiver	Stanley Lagat	National Assembly
3. Best attacker	Kirui	Parliamentary Police Unit
4. Best blocker	Stephen Kaako	Parliamentary Police Unit
5. Best Libero	Francis Mutua	Parliamentary Police Unit
6. Best Server	Boniface Mbithi	Senate
7. Best Setter	David Langat	Joint Services

4.5.2 VOLLEYBALL WOMEN TEAM

4.5.2 [a] TEAM AWARDS

1. Winner trophy- Gold Medalist	Joint Services	4
2. Runners up trophy - silver medalist	Senate	3
3. 2 nd Runners up trophy - Bronze medalist	National Assembly	2
4. 4 th place	Parliamentary Police Unit	1



National Assembly and Joint Services on stage

4.5.2[b] VOLLEYBALL WOMEN INDIVIDUAL AWARDS

1. Most valuable player (MVP)	Winnie Morogo	Joint Services
2. Best attacker	Jennifer Supuko	Joint Services
3. Best receiver	Khadija Mohammed	National Assembly
4. Best server	Shakilla Mukolwe	National Assembly
5. Best setter	Cynthia Chemiryo	Joint Services
6. Best libero	Lucy Mwaniki	Senate
7. Best Blocker	Mary Ng'ang'a	Joint Services

4.6 SWIMMING

4.6.1 SWIMMING MEN

[a] MEN TEAM AWARDS

1. Winners trophy /Gold medalist	National Assembly	4
2. Runners up - Silver medalist	Joint Services	3
3. 2 nd Runners up - Bronze medalists	Senate	2
4. 4 th place	Parliamentary Police Unit	-



[b] SWIMMING MEN INDIVIDUAL AWARDS

1. Best overall swimmer (vicmx) - Gathongo Mungai Joint Services

4.6.2 SWIMMING WOMEN

[a] TEAM AWARDS

- | | | |
|---|---------------------------|---|
| 1. Winners trophy / Gold medalists | Senate | 4 |
| 2. Runner up - Silver medalists | Joint Services | 3 |
| 3. 2 nd runner up - Bronze medalists | National Assembly | 2 |
| 4. 4 th place | Parliamentary Police Unit | - |

[b] SWIMMING INDIVIDUAL WOMEN AWARDS

- Best overall swimmer (vicmx) - Carol Kirorei Senate

4.7 TABLE TENNIS TEAM

4.7.1 TABLE TENNIS (MEN)

[a] TEAM AWARDS

1. Winners trophy/Gold medalists	Joint Services	4
2. Runners up/Silver medalists	Senate	3
3. 2 nd Runners up - Bronze medalists	National Assembly	2
4. 4 th place	Parliamentary Police Unit	-



Speaker of the National Assembly and the Clerk of the Senate leading the way

[b] TABLE TENNIS [MEN] INDIVIDUAL AWARDS

Winner /Best player/single event - Mr. Jeremiah Nyegenye Senate

4.7.2 TABLE TENNIS WOMEN

[a] TEAM AWARDS

1. Winners trophy/Gold medalists	Senate	4
2. Runner up/Silver medalists	National Assembly	3
3. 2 nd runner up - Bronze Medalists	Joint Services	2
4. 4 th place	Parliamentary Police Unit	-

[b] TABLE TENNIS [WOMEN] INDIVIDUAL

Best Player - Lucianne Limo	Senate
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4.8 BADMINTON TEAM

4.8.1 BADMINTON (MEN)

[a] TEAM AWARD

1. Winners trophy/Gold medalists	Joint Services	4
2. Runner up / Silver medalists	National Assembly	3
3. 2 nd Runners up / Bronze medalists	Senate	2
4. 4 th Place	Parliamentary Police Unit	-

[b] BADMINTON (MEN) INDIVIDUAL AWARD

Best player – Bethwell Mabwai	Joint Services
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4.8.2 BADMINTON (WOMEN)

[a] TEAM AWARDS

1. Winners trophy/Gold medalists	Joint Services	4
2. Runner up /Silver medalists	National Assembly	3
3. 2 ND runner up - Bronze medalists	Senate	2
4. 4 TH place	Parliamentary Police Unit	-

[b] BADMINTON (WOMEN) INDIVIDUAL AWARD

Best player –Veronica Kibati	Joint Services
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4.9 DARTS TEAM

4.9.1 TEAM AWARDS

1.	Winners trophy/Gold medalists	Parliamentary Police Unit	4
2.	Runners up /Silver medalists	Joint Services	3
3.	2 nd runner up -Bronze medalists	National Assembly	2
4.	4 th Place	Senate	1

[a] DARTS WOMEN INDIVIDUAL AWARDS

Best Player Faith Ndeto Joint Services

[b] DARTS (MEN)INDIVIDUAL AWARDS

Best Players:-

▪ John Mwongera	Parliamentary Police Unit
▪ John Nzive	Parliamentary Police Unit
▪ Eliud Matumbai	Joint Services
▪ Onesmus Kiragu	National Assembly

4.10 POOL TEAM

4.10.1 TEAM AWARDS

1.	Winners trophy / Gold medalist	National Assembly	4
2.	Runners up /Silver medalists	Joint Services	3
3.	2 nd Runners up/ Bronze medalists	Senate	2
4.	4 th Place	Parliamentary Police Unit	1

4.10.1 [a] POOL [WOMEN] INDIVIDUAL AWARD

Most Valuable Player [MVP] Regina Munyao Senate

4.10.1 [b] POOL [MEN] INDIVIDUAL AWARD

Most Valuable Player (MVP) Boniface Mugambi National Assembly

4.11 TUG OF WAR TEAM

4.11.1 (a) TUG OF WAR (MEN) TEAM

1. Winners trophy/Gold Medalists	National Assembly	4
2. Runners Up Silver Medalists	Parliamentary Police Unit	3
3. 2 nd Runner Up - Bronze Medalists	Joint Services	2
4. 4 th Place	Senate	1

4.11.1 (b) TUG OF WAR (WOMEN) TEAM

1. Winners trophy/Gold medalists	Joint Services	4
2. Runners up/Silver medalists	National Assembly	3
3. 2 nd runners up/Bronze medalists	Senate	2
4. 4 th places	Parliamentary Police Unit	1

4.12 CONSOLIDATED WINNERS

(a) Team

1. Overall Winners	Parliamentary Joints services	109
2. Runners up	Parliamentary Police Unit	66
3. 2 nd Runners up	National assembly	64
4. 4 th place	Senate	61

(b) Individual

Best Athlete (Women)	Ruth Vusaka	Senate
Best Athlete (Men)	Vincent Makori	Parliament Police Unit



Participant from joint Services awarded by the Speaker of National Assembly



Participant from National Assembly being awarded by the Speaker of the National Assembly



Participant from the Senate being awarded by the Speaker of the National Assembly

SUMMARY OF RESULTS

NO.	DISCIPLINE	JOINT SERVICE	PARLIAMENT POLICE	NATIONAL ASSEMBLY	SENATE
ATHLETICS - Athletics Women					
	100M	-	1	5	4
	200M	5	1	-	4
	400M	6	1	3	-
	800M	10	-	-	-
	1500M	4	5	-	1
	1500 Walk	10	-	-	-
	4x100 (R)	2	1	3	4
	4x400M	4	1	2	3
		41	10	13	16
Athletics Men					
	100M	1	7	-	2
	200M	-	7	1	2
	400M	2	4	1	-
	800M	6	4	-	-
	1500M	3	4	1	2
	1500 Walk	-	1	4	3
	4x100 (R)	2	4	3	1
	4x400M	4	3	2	1
		18	34	12	11
Total		59	44	25	27
2	Football Men	3	4	2	1
	Football Women	4	1	2	3
3	Netball	4	2	1	3
4	Volleyball Men	3	4	2	1
	Volleyball Women	4	0	2	3
5	Swimming Men	3	1	4	2
	Swimming Women	3	0	2	4
6	Table Tennis Men	4	1	2	3
	Table Tennis Women	2	0	3	4
7	Badminton Men	4	0	3	2
	Badminton Women	4	0	3	2
8	Darts	3	4	2	1
9	Pool	3	1	4	2
10	Tug of War Men	2	3	4	1
	Tug of War Women	4	1	3	2
		50	22	39	34
OVER ALL		109	66	64	61

5.0 THE 5TH JOINT MEETING/CHALLENGES

The 5th joint meeting held on 25th November 2015 after sports day was attended by a total of thirty officers drawn from the four teams and considered the following:-

The meeting was purposely to review the activities of the sports day and address any challenges experienced for remedial measures.

1. UNIFORMS AND KITS

The issuance and lack of adequate playing uniforms featured prominently as a challenge especially from the Senate, the Joints Services and Parliamentary Police unit.

RESOLUTION: It was resolved that in future the parliamentary wellness, sport and recreation committee should ensure that all teams are kitted fully and that the purchase be done from a central location for all the teams.

2. CATERING SERVICE

It was indicated that the catering services were not up to date and that most teams were not able to get meals, water and soft drinks.

RESOLUTIONS: It was resolved that preparation for the 2016 and future games commence early so that all the procurement requirements are done in good time to mitigate against the lapses experienced during the games.

3. PROGRAMME FOR THE SPORT DAY

The members noted that the number of sports disciplines have increased exponentially necessitating staff to take part in more than one discipline thus leading to fatigue. The main concern was the failure of the organizers to award all trophies on that particular day.

RESOLUTIONS: It was resolved as follows:-

- i. That the programme of the sport days should be extended to two days to enable as many participants to take part in various games and avoid a situation where players get fatigued due to multitasking.
- ii. That the two day extension will enable enough time for results to be collated and tabulated and prizes given out to the winners.
- iii. That the training days for staff be also held on Mondays and Fridays to allow staff involved in house business duties to attend training sessions.

4. INDOOR GAMES

It was indicated that whereas outdoor games have been given the necessary attention, games such as badminton, darts, table tennis and others be given due consideration just like football, netball, volleyball, tug of war, and athletics.

RESOLUTIONS: it was resolved as follows:-

1. That training venues be availed for these games within Parliament Buildings apart from swimming which can be done at the Nyayo Stadium Swimming Pool.
2. That, staff members taking parts in these games organize themselves as a team with a coordinator to coordinate the activities.

5. GAMES FORMAT

The staff sports day takes the format of inter services. It has been realized that some services are challenged in terms of the numbers of staff thus creating an uneven playing field. Suggestions were floated that the format takes the format of Inter-Directorates across the services but this was dismissed on the grounds that some directorates do not have adequate staff. Moreover, it was noted that this arrangement would rob the championships of the zeal, identity and patriotism to the services.

RESOLUTIONS: It was resolved that the best format is the inter services which gives the game the glamour, zeal, verve, patriotism and sense of identity. The inter directorate competition should only be done as a curtain raiser to the actual games.

6. ELIGIBILITY OF PLAYERS

It was noted that as much as clear guidelines were put in place to guide the eligibility of players, anomalies were detected where the parliamentary police unit fielded ineligible players in the games. The Senate fielded an ineligible player in volleyball men and the National Assembly did the same in tug of war, women.

RESOLUTIONS: It was resolved that all the services will undertake their trials a month before the games and present the teams for proper vetting to weed out ineligible players.

6.0 TABULATION AND CORRELATION OF RESULTS

The meeting had earlier resolved that all the services nominate one person to form the Dispute and Resolution Sub-committee which also had the mandate to tabulate and correlate the results as they were received. This was to ensure that all the services were in agreement with the results in all the categories. It was agreed that points will be awarded as follows:-

(a) Winners	-	4 points
Runners	-	3 points
2 nd Runners up	-	2 points
Fourth place	-	1 point

(b) Individuals games to be awarded points as above

(c) The referees to nominate the recipients for individual prizes based on Performance.

(d) The referees and coaches to select teams from the various disciplines.

(e) The best athletes, men and women to be recorded by the highest number of points garnered by a player.

The representatives from the services never performed this task as expected and as such the final official results were not tabulated by the end of the day.

RESOLUTIONS: It was resolved that this exercise is as important as the games itself and that in future, services appoint officers who can satisfactorily perform the job to avoid dispute and delay over the result.

7.0 RESOLUTIONS SOUGHT

The Board of Senior Management is requested to consider the contents of this paper and resolve as follows;

1. That the programme of the sport day takes two days and therefore the staff sports day 2016 to be held on 19th -20th November 2016.
2. That the training days for members of staff be also held on Mondays and Fridays from 6:00 a.m. - 9:00a.m to enable staff engaged in House business to attend

training sessions and that Heads of Departments be notified of this resolution to grant necessary permission.


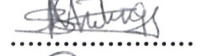




3. That facilities and equipment for indoor games be availed within Parliament Buildings for the staff.

Towards this end a floor, at Imani House be set aside for indoor games, two Table Tennis, two pool tables and two dart boards and accessories be purchased.

4. That an earlier arrangement for the procurement of kits for the services commence immediately to enable procurement process takes due course.
5. That the selected teams in various disciplines undertake a reciprocal visit to Uganda to play against the Uganda staff parliament teams. The Uganda Parliament has indicated that they will extend the invitation at an opportune time.
6. That a date be agreed upon where prizes to the winners of the 2015 games are awarded in a proper manner without any hurry.
7. That the additional expenses incurred during the sports day pertaining to hire of basketball court for indoor games at Kshs.60,000/= and hire of additional public address systems of Kshs.30,000/= be approved for payment.

ADOPTED BY:

PARLIAMENTARY WELLNESS, SPORTS AND RECREATION COMMITTEE

NAME	DESIGNATION	SERVICE	SIGNATURE
1. Sylvester Ochola	Health Club Manager	Chairperson	
2. Stephen Mutungi	Senior A.Hansard Editor	N. Assembly	
3. Wanjiru Ndindiri	Clerk Assistant I	N. Assembly	
4. Stephen Gikonyo	Clerk Assistant I	Senate	
5. Lilian Marete	Senior Internal Auditor	J.Services	
6. Alice Nanyama	Senior Personal Sec.	Senate	

(Taking Minutes)

MAY 2016

APPENDICES

Photo Gallery



The day begun in style - Aerobics for warmup



Marching procession per services





Volleyball Team National Assembly



Joint Service Volleyball women



The mood of the day set by isukuti as demonstrated below



It goes without saying

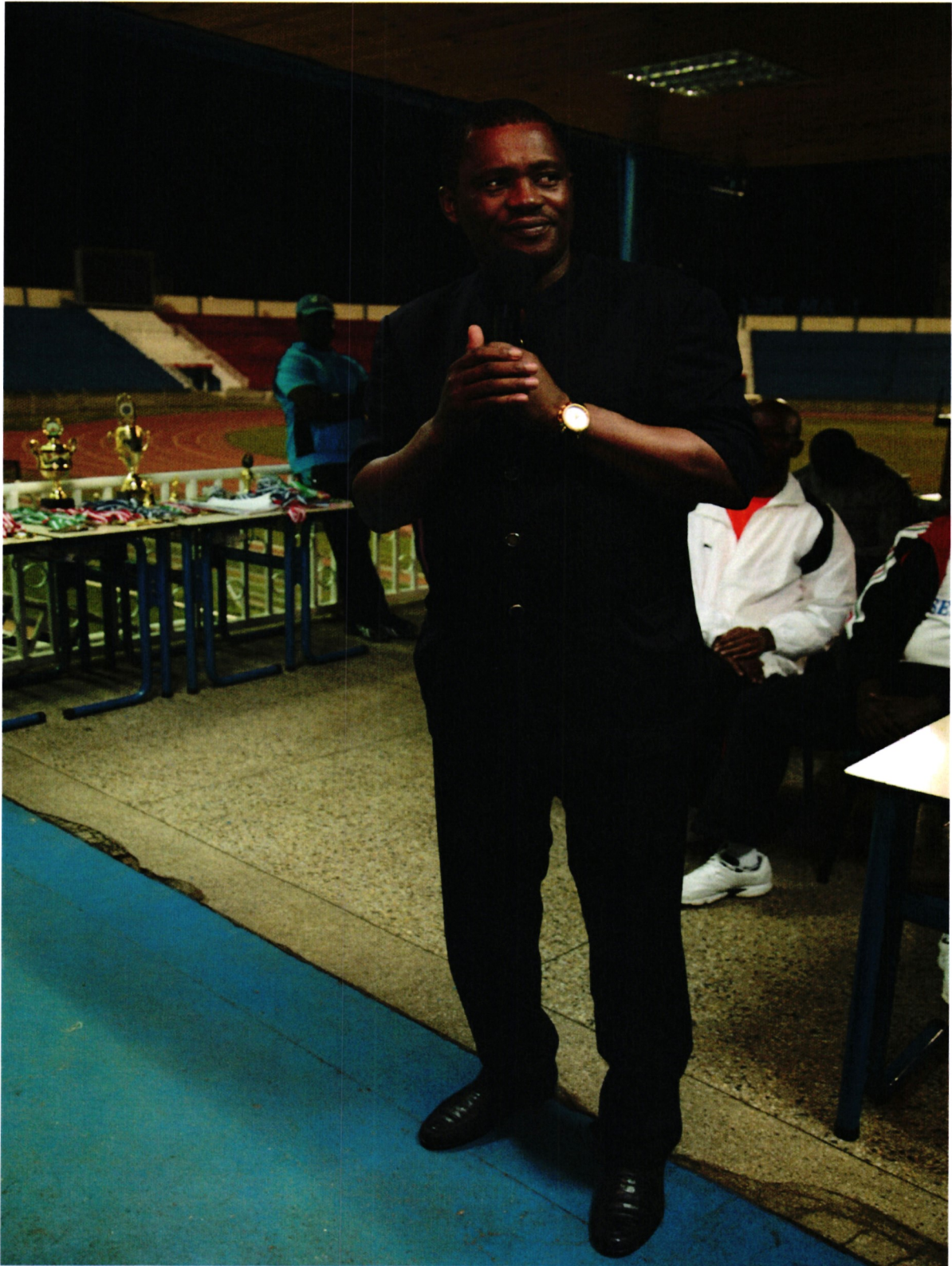


St. Johns at work



Mr. Nzioki examined for health fitness by Aga Khan medics





Finally comes a reward for the hard work and a speech from the Speaker of the National Assembly

Speeches from The Clerks of both Houses, Director General and Senior Deputy Clerk of the Senate



Clerk of the Senate – Mr. Jeremiah Nyegenye, CBS





Senior Deputy Clerk of the Senate – Mrs. C. Munga



Clerk of the National Assembly – Mr. Justin Bundi, CBS





Director General – Mr. Clement Nyandiere



REPUBLIC OF KENYA



PARLIAMENTARY SERVICE COMMISSION

MINUTES OF 1ST JOINT MEETING BETWEEN THE STAFF WELLNESS, SPORTS AND RECREATION COMMITTEE AND CHAIRPERSONS, TEAM MANAGERS AND CAPTAINS OF THE SERVICES SPORTS COMMITTEES HELD ON MONDAY, 16TH NOVEMBER, 2015 IN COUNTYHALL, FIRST FLOOR MINI CHAMBER AT 12.00 NOON

PRESENT

Mr. Sylvester Ochola	-	Health Club Manager	-	Chairman
Mr. Stephen Mutungi	-	Senior Hansard Editor	-	Member
Ms. Wanjiru Ndindiri	-	Clerk Assistant I	-	Member
Ms. Lilian Marete	-	Senior Internal Auditor	-	Member
Mr. Stephen Gikonyo	-	Clerk Assistant I	-	Member
Alice Nanyama	-	Senior Personal Secretary		(taking minutes)

ABSENT WITH APOLOGY

Crypus Tima	-	Clerk Assistant III	-	Secretary
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INATTENDANCE

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
1. Mr. Francis O. Nyatome	Athletics Kenya	Referee/Starter
2. Mr. Gideon Chenje	Volleyball	Volleyball Organizer
3. Mr. Edward Salamba	Tug of War	Umpire
4. Ms. Millicent Busolo	Kenya Netball Federation	Netball Organizer
5. Ms. Violet Adavuki	Joint Service	Captain Athletics women
6. Ms. Florence Kimoltochok	Joint Service	Netball Team Manager
7. Ms Winnie Morogo	Joint Service	Team Manager Athletics
8. Joel Umuyoyi Espirah	Joint Service	General Team Manager

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
9. Khadija Ali	Joint Service	Captain Football
10. Martha Odongo	Joint Service	Captain Tug of War
11. Mwaura Peter	National Assembly	Captain Tug of War
12. Beatrice Mwikali Kavoo	National Assembly	Captain Badminton
13. Natalie Kamuche Kazungu	National Assembly	Ag. Captain Swimming
14. Luka Mutua	Joint Service	Team Manager Athletics
15. Faith Makena	National Assembly	Captain Athletics
16. Celina Gambare	Joint Service	Team Manager Tug of War
17. Gladys Chebet	Joint Service	Captain Netball
18. Peris Kaburi	National Assembly	Captain Tug of War
19. Felistus Muiya	National Assembly	Team Manager Volleyball
20. Martha Ndukuyu	National Assembly	Team Manager Netball
21. Mary W. Ng'ang'a	Joint Service	
22. Jennifer N. Supuko	Joint Service	
23. Faith Ndeto	Joint Service	
24. Jenipher A. Omondi	Joint Service	
25. Harris M. Kisota	National Assembly	
26. Bett Leonard	National Assembly	Captain Volleyball
27. Ken Ankwa	National Assembly	Team Manager Soccer
28. Ruth Vusaka	Senate	Team Manager Athletics
29. David Lagat	Joint Service	Team Manager Volleyball
30. Maina Wanjiku	National Assembly	Team Manager T/Tennis
31. Anthony Muchiri	National Assembly	T/ Capt. Tug of War/T.T
32. Purity K. Nkari	National Assembly	Team Captain Netball
33. Joyce Aluoch	Senate	Chairperson Wellness Com.
34. Evance O. Owino	Police Service	
35. Joel Nassiuma	Joint Service	Team Manager
36. Kiplagat Mitei	Police	
37. Shakila Mukolwe	National Assembly	T/ Capt Football (women)

AGENDA

1. Adoption of the agenda.
2. Surrender of previously won Trophies at the 2014 Sports Day.
3. Presentation on Criteria for Eligibility of Staff for the Games.
4. Rules and Guidelines for the Sports Day.
5. Submission of Teams Representing Services.
6. Comments from Match Officials.

MIN.NO.WSR/01/16/11/2015 **INTRODUCTION**

The Chairman called the meeting to order at 12.30p.m. with a word of prayer by Mr. Benson Mutua. Thereafter the chairman gave the members present an opportunity to introduce themselves and their role in sports.

MIN.NO.WSR/02/16/11/2015 **ADOPTION OF THE AGENDA**

Adoption of the day's agenda was proposed by Mr. Stephen Gikonyo and seconded by Ms. Violet Andavuki after inclusion of agenda not 7 & 8 Tabulation and correlation of results and formation of Dispute and Resolution Committee respectively.

MIN.NO.WSR/03/16/11/2015 **SURRENDER OF 2014 TROPHIES**

Previously won Trophies at the 2014 Sports Day were surrendered by the respective services. The chair also indicated that pool trophy will be included in the sports day events for this year 2015.

MIN.NO.WSR/04/16/11/2015 **ELIGIBILITY OF STAFF'S PARTICIPATION IN THE GAMES**

The chairman notified the members that Parliament sports day will be on 20th November, 2015 at Nyayo National Stadium which has flood lights to take care of late events. The participants of the events will be staff drawn from the Senate, National Assembly and Joint Service.

Deliberations:

- a) The members present agreed that police force should play as active competitors and not guests as earlier suggested by the board of senior management. The teams should be drawn strictly from the officers attached to parliament as per the list attached list from Human Resource records.

- b) This was strictly to be identified by badges and payroll number for permanent and pensionable and contracted staff, whereas interns have letters from Parliament and are eligible to play for the houses they are attached to.
- c) It was agreed that **CPST** staff will participate in sports under Joint Service
- d) The members agreed after a lengthy discussion that the PSC secretariat will fall under Joint Service whereas staff working for Members of Parliament from Senate should participate under Senate and those attached in the office of the Members of Parliament of the National Assembly to participate under the same.
- e) The staff working the two commissioners Commissioner Mumelo and Dr. Ali will join Joint Service.
- f) Personal Assistants to Members of Parliament who are not paid by PSC will not be allowed to participate in sports.
- g) It was agreed after a lengthy discussion that the newly employed security officers be allowed to play for Joint Service as that is their central location of duty.

MIN.NO.WSR/05/16/11/2015 RULES AND GUIDELINES FOR THE SPORTS DAY

In attendance were also coaches of different sporting disciplines who gave rules and guidelines required by participants as follows:

(i) Athletics – Mr. Francis Nyatome

Mr. Nyatome who is in-charge of athletics advised the members that Parliamentary Service Commission (PSC) should consider indicating that their sports are done under Athletics Kenya for legality purposes and to avoid queries on certificates or any documentations.

The Match official notified the members that the names of all participants should be given in advance and in case of any changes the managers should be informed in good time. He was also concerned with the programme as there are races that cannot be done after lunch such as sprint.

It was agreed that the 5000m and 3000m races were quite time consuming and that due to short notice of its inclusion it be suspended until next year.

He informed the members that for 100m to 400m each service is to give two (2) participants each while walking race will be open that rules strictly adhered to. 800 to 1500m minimum participants 3 and maximum 4.

Some of the rules included:

Crowd to avoid being at the finish line and escorting of the athletes is not allowed
Passing on of relay buttons athletes should observe rules as not to pass the demarcated areas without the button, and that the button should not be thrown down before or even after winning.

Mr. Nyatome gave out a copy of the form for recording results after events to be redesigned.

It was suggested that the Master of Ceremony – announcer should manage to announce or quote two events at a time to allow participants to be ready in good time and that trophies should be given after each event.

(ii) Tug of War - Mr. Edward Salamba

The umpire Mr. Salamba briefed the members on rules and regulations governing tug of war games (*see attached sheet*)

It was also agree by the members that the participants could use any sports shoes apart from spikes and football shoes. The issue of weight was raised but the coach indicated that it will not of so much concern.

(iii) Volleyball – Mr. Gideon Chenje

The Match official informed the members that men and women will compete separately and other rules are follows:

1. Four teams to participate
2. The game will be run on round robin basis
3. The players will register on T.C.4 form signed by both the captain and the manager maximum of 12 players
4. Uniforms should be numbered
5. Substitution should be done by referees
6. Best of 3 sets or 5 sets as per courts
7. Awarding of points
 - (i) Winner – 3 points
 - (ii) Looser at (0-3 or 0-2) points 0-3
 - (iii) Winner - (3-2 or 2-1 sets) points 2-1
8. Draws will be conducted at the venue by captains & team managers
9. Format of play 1 vs 4, 2 vs 3, 1 vs 2, 3 vs 4, 1 vs 3, 2vs 4
10. Team managers & captains of the teams be responsible in maintaining volleyball disciplines e.g. time keeping
11. Illegible player/team looses all points of a match
12. Best players: Most Valuable Player (MVP)
Best setter

Best spiker
Receiver
Attacker

It was resolved that the bibs will be used with numbers for identification .

(iv) Netball – Ms Millicent Busolo

The match official took through the members on the rules and regulations governing netball *as per attached sheet* whereby rule no.2 (2.1) the minimum number of players which is 9 it could be bent to 7.

Awards for the following players:

- Most Valuable Player (MVP)
- Best defender
- Best midfielder
- Best shooter

MIN.NO.WSR/07/16/11/2015 SUBMISSION OF TEAMS REPRESENTING SERVICES

After a lengthy discussion on criteria for eligibility of staff for the games, there was need for the teams to review their list and therefore it was resolved that the concerned services hand in the team list for various disciplines at 12.00 noon on 17th November, 2015.

MIN.NO.WSR/08/16/11/2015 TABULATION AND CORRELATION OF RESULTS

It was agreed that a board will be constituted after nominating representatives who will foresee and ensure the proceedings and the points drawn are recorded.

MIN.NO.WSR/09/16/11/2015 DISPUTES AND RESOLUTION COMMITTEE

The committee to deal with the above issue would comprise of:

- General team manager
 - Technical person from the discipline (in-charge of the discipline)
- and that the team manager is charged with writing a letter in case of any dispute.

MIN.NO.WSR/10/16/11/2015 ANY OTHER BUSINESS

The members raised concern of the need for the programme to be provided in good time.

It was resolved that papers with numbers written on will be used to allocate running lines in the field for athletes.

The games that did not have coaches to brief on rules and guidelines i.e. swimming, darts, badminton, pools, table tennis were advised to attend the meeting of the following day 17th November, 2015 for the same briefing.

A concern of allowance as a motivation to participants was raised but the chair promised to raise up with the Senior Board of Management.

A member suggested that senior staff officers to be engaged in a sporting activity/fun event to hold them in the field. This was agreed to be looked into after.

Security

Security matters were charged to Joel Nassiuma who also advised the members present to ensure their personal belongings during the sports day are placed in a central place for security purpose.

Master of Ceremony

The members agreed that a professional master of ceremony will be drawn from outside parliament for neutral service provision. But the overall purpose of the sports is to unite the staff and therefore competition should be not be looked at as enmity.

Site visit

There was need to view the site for 20th November, 2015 sports day prior to the material day to ensure that the place and requirements are in order, therefore the committee agreed to do so on 19th November, 2015 at 9.00 a.m.

Services to be rendered on sports day

The chairman briefed the members that prison band will be involved, the massage services for fitness, Karen hospital will offer basic health checkups and aerobics, rhumba and salsa for warm up in the morning.

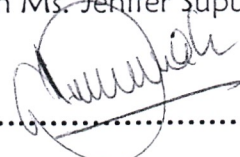
There would also be provision for meals ranging from breakfast, lunch and refreshments from catering services.

Awards for all disciplines will be in place.

MIN.NO.WSR/11/16/11/2015

ADJOURNMENT AND DATE OF NEXT MEETING

There being no any other buOsiness the meeting was adjourned at 3.35 p.m. with a word of prayer from Ms. Jenifer Supuko. The next meeting will be held on 17th November, 2015

Signed  Date 18th November 2016

MR. SYLVESTER OCHOLA
CHAIRMAN, WELLNESS, SPORTS AND RECREATION COMMITTEE

THE TUG OF WAR GAME 2015

Rules and regulations

1. The rope for the TUG OF WAR game is a standard 25kg metre rope.

The distance puller number for each side is 2 metres from the centre.

Each team has:

Eight (8) players
One (1) coach
Four (4) substitutes

When pulling, players should listen to the umpire without ignoring

Instructions on pulling will be mentioned by the umpire.

All teams should be in proper and neat uniforms

During pulling, only eight players should be on the ground and should not mix with substitutes

Substitution(s) can only be done when an injury occurs, but after consultations have been done between the two coaches, the captains and the three umpires.

Pulling shoes should be the military boots.

MOST IMPORTANT RULE

- ✓ Players should not sit or lie down when pulling. In case it happens after a warning has been issued, then the team may be disqualified.

Round Robin

Award

Best puller

Best team

RULES AND REGULATIONS OF NETBALL

Rules of the game

1. All the matches shall be played to the International Netball Federation Rules of Netball currently enforce at the time of competition.
2. Registration of squad members
 - 2.1 The minimum number of players allowed in a squad shall be 9.
 - 2.2 A registration for each must be completed and lodged with the in charge umpires before the championship.
 - 2.3 No player other than the registered on the squad sheet may play.
3. Balls and Bibs
 - 3.1 All players must wear positional bibs and teams must have a spare set in a different color
in case of a clash in colours.
 - 3.2 Properly dressed in full uniforms of same colors
4. Team sheets
Team sheets must be completed and lodged with the competition manager, not later than 30 minutes before the schedule start of each match.
5. Duration:-
 - 5.1 consists of 2 halves of 15 minutes with an interval of 5 minutes
6. Injuries:-
 - 6.1 Only medical personnel shall be allowed to deal with injuries, Time allowed for injury, maximum of 2 minutes.
7. Mode of play:-
 - League basis (Round Robin)
 - A win – 2 points
 - A draw – 1 point
 - Loss – 0 points

To find a winner in case of a draw in points:-

Calculate the goal percentage

Goals for divided by Goals Agent

8. Dressings:

All players should be properly dressed I full uniform and bibs.

9. Discipline:

9.1Discipline of players as per rules – 20.1 (ii)

9.2Discipline of team officials as per rule – 20.1

9.3Suspension or ordering off of players as per rules 20:3

9.4An umpires decision shall be final as per rule 5:1

10.Appeals: Incase of any controversies, the team should forward the appeals within 30 minutes after the end of the game

Awards

1. MVP
2. Best defender
3. Best midfielder
4. Best shooter

REPUBLIC OF KENYA



PARLIAMENTARY SERVICE COMMISSION

MINUTES OF 2ND JOINT MEETING BETWEEN THE STAFF WELLNESS, SPORTS AND RECREATION COMMITTEE AND CHAIRPERSONS, TEAM MANAGERS AND CAPTAINS OF THE SERVICES SPORTS COMMITTEES HELD ON TUESDAY, 17TH NOVEMBER, 2015 IN COUNTYHALL, FIRST FLOOR MINI CHAMBER AT 12.00 NOON

PRESENT

Mr. Sylvester Ochola	-	Health Club Manager	-	Chairman
Mr. Stephen Mutungi	-	Senior Hansard Editor	-	Member
Ms. Lilian Marete	-	Senior Internal Auditor	-	Member
Alice Nanyama	-	Senior Personal Secretary		(taking minutes)

ABSENT WITH APOLOGY

Crypus Tima	-	Clerk Assistant III	-	Secretary
Ms. Wanjiru Ndindiri	-	Clerk Assistant I	-	Member
Mr. Stephen Gikonyo	-	Clerk Assistant I	-	Member

INATTENDANCE

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
1. Kennedy Busolo	Kenya Darts Assoc.	Darts Official
2. Geoffrey Shigoli	Badminton Kenya	Secretary General
3. Patrick Muiyah	Swimming	1 st Vice Chairman KSF
4. Michael Mwangi	KFRA Football	Referee
5. John Mutinda Kilonzi	KTTA Official	Umpire
6. Anthony Mutinda Kilonzi	KTTA	Umpire
7. Joyce Aluoch	Senate	Chairperson Wellness Com.

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
8. Susan Juma	Senate	Captain Women Volleyball
9. Silpa Akomo	Senate	Ass. Sec. Wellness Com.
10. Faith Ndeto	Joint Service	Capt. Badminton/T. Tennis
11. Joel Nassiuma	Joint Service	Team Manager
12. Javan Loriko	Joint Service	Capt. Badminton/T. Tennis
13. Victor Gebenei	Senate	Badminton player
14. Rose Kanini	Joint Service	Captain Women Volleyball
15. Lydia Nyagol	Senate	Team Manager
16. Kirui Erick	Parliamentary Police	Team Manager
17. Daniel Karanja	Parliamentary Police	Team Captain
18. Florence Kimoltochok	Joint Service	Team Manager
19. Sarah Rukwaro	Senate	Team Captain
20. Ruth Vusaka	Senate	Team Manager Athletics
21. Jennifer Supuko	Joint Service	Captain Volleyball
22. Felistus Muiya	National Assembly	Team Manager Volleyball
23. Natalie Kazungu	National Assembly	Captain Swimming
24. Jennipher Omondi	Joint Service	Team Manager
25. Yeziel Jilo	National Assembly	Team Captain
26. Mary Ng'ang'a	Joint Service	Team Manager Volleyball
27. Agengo Naman	Joint Service	Team Manager Football
28. Luka Mutua	Joint Service	Team Manager
29. Celina Gambare	Joint Service	Team Manager

AGENDA

1. Adoption of the agenda.
2. Rules and Guidelines for the Sports Day.
 - (i) Badminton
 - (ii) Table Tennis
 - (iii) Swimming
 - (iv) Pools
 - (v) Football
 - (vi) Darts

3. Submission of Teams Representing Services.
4. Any Other Business

MIN.NO.WSR/12/17/11/2015 **INTRODUCTION**

The Chairman called the meeting to order at 12.40 p.m. with a word of prayer by Ms Rose Kanini. Thereafter the chairman gave the members present an opportunity to introduce themselves and their role in sports.

MIN.NO.WSR/13/17/11/2015 **ADOPTION OF THE AGENDA**

The Chairman briefed the members present of the previous day's meeting with the match organizers who briefed the members on the rules and regulations governing various sports discipline. The match organizers who did not make it were invited in the current meeting on the same thus forming the agenda of the meeting.

MIN.NO.WSR/14/17/11/2015 **RULES AND GUIDELINES FOR THE SPORTS DAY**

The Chairman made it clear on the services involved in participation of sports at Nyayo National Stadium on 20th November, 2015 as the Senate, National Assembly, Joint Service and Parliament Police. He informed the members that Athletics, netball, Volleyball and Tug of war match organizers had briefed members in the previous meeting on the rules and regulations in their disciplines.

He invited the present match organizers to brief the members on rules and regulation governing their respectful disciplines as follows:

1. Swimming – Mr. Patrick Muya

The match organizer emphasized on getting the entries in advance to enable the preparation of their programme for activities sighting the types of swimming categories which has 22 events as follows:

- Butterfly
- Back stalk
- Breast
- Free style

The members agreed that participants will participate in 25 metres leaving the choice of categories to them. **(Action consultation be done by each service with the participants)**

The number of Participants per team are as follows:

Senate	3men	3 women
National Assembly	3 men	3 women
Joint Service	7 men	3 women

Awards

- The winner 1, 2, 3
- Best swimmer men and women
- Team trophy

The rest of the rules would be forwarded by Mr. Muya before the next meeting.

2. Football – Mr. Michael Mwangi

The match organizer informed the members that the Football is guided by the FIFA rules.

He also raised the issue of eligibility of players which he was informed that it was dealt with in the previous meeting.

He embraced on having a round robin and that by Thursday 19th November, 2015 every group should have known the time they will be playing.

It was agreed that ladies will play 15 minutes whereas men will have 20 minutes each half.

The members agreed to 5 five players as substitutes on rolling.

Awards would be for the highest scorer, most valuable player, best goal keeper and the number 1,2,3, teams.

The concern for proper playing gear was raised and resolved.

There would be three (3) games whereby as a matter of discipline having pend the rules if one is given a red card he/she misses only that game but may play the rest but if it is repeated in the next match the he/she will not play the remaining.

It was agreed that the modified rules and regulations be communicated in advance to avoid disputes due to indiscipline later and should there be any disputes then internal mechanisms were to employed through the dispute and resolution committee.

The rest of the rules will be submitted by the match organizer before the next meeting.

Action (see attached)

3. Badminton – Mr. Jeff Shigoli

The match organizer informed the members that Nyayo National Stadium does not have the facilities for Badminton games that the only places are Barclays sports club and School of Monetary Studies.

The rules and regulations included:

- (i) Having 4 teams round robin game with individual and team event tournament
- (ii) There will be 5 events –
 - men singles,
 - women singles,
 - men doubles,
 - women doubles
 - mixed play
- (iii) He indicated that rules normally do not allow one participant to play more than three (3) events but as for the case at hand it will be bend allowing one to play as much a possible.
- (iv) There will be 6 umpires
- (v) Awards
 - Overall team
 - single winner both men and women,
 - runner up
 - double winner
 - runner up and
 - the 1,2,3,4

The rest of the rules and regulations will be forwarded before the next meeting.

4. Darts - Mr. Kennedy Busolo

The match organizer briefed the members on the rules and regulations governing the game as follows:

- (i) Round robin game
- (ii) The composition would be a minimum of four(4) and a maximum to ten(10) players

(iii) It was agreed that rule would be bend to accommodate 5 players regardless of gender as opposed to 4 men and 1 woman.

(iv) Requirement of two (2) balls and two (2) officials

Awards:

- Best player
- Highest scorer for both men and women
- Men and women finisher
- Winner
- Runners up

Rules to be forwarded before the next meeting.

5. Pool – Mr. Fred Karanja

The rules included:

(i) Round robin with 16 events

- Singles
- Double
- Team mixed

(ii) Composition for single tournament is two (2) women per team and four (4) men per team.

The rest of the rules and regulations will be forwarded before the next meeting.

6. Table tennis – Mr. John Mutinda

The rules included:

(i) Registration for teams four (4) or three (3) participants per team both men and women

Rule of Service

(i) The best 5

(ii) The best 3

(iii) Scoring end at 11 points

(iv) Attire – plain t-shirt not bright colour, short and rubber shoes

(v) Awards

- Winners and runners up
- Singles and teams

The teams composition were as follows:

Senate	2 men	2 women
National Assembly	4 men	1 woman
Joint Service	2 men	2 women
Police	5 men	

The rest of the rules and regulations will be forwarded before the next meeting.

MIN.NO.WSR/15/17/11/2015 **SUBMISSION OF TEAMS REPRESENTING SERVICES**

The team lists were not ready in the meeting therefore the responsible officers were requested to submit them before close of business the same day.

MIN.NO.WSR/16/17/11/2015 **ANY OTHER BUSINESS**

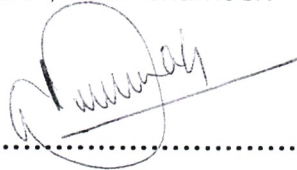
A concern was raised where one player could be participating in Badminton which will be held in Ruaraka and at the same time is supposed to participate in another game in Nyayo stadium as what could be the ideal position.

Resolution: there was need for team list to enable the organizers draw an appropriate programme to cater for such anomalies.

MIN.NO.WSR/17/17/11/2015 **ADJOURNMENT AND DATE OF NEXT MEETING**

There being no any other business, the meeting ended at 2.30 p.m. with a word of prayer from Rose Kanini. The next meeting will be on 18th November, 2015 at County Hall, 1st Floor, Mini Chamber.

Signed



Date

18th November 2015

MR. SYLVESTER OCHOLA
CHAIRMAN, WELLNESS, SPORTS AND RECREATION COMMITTEE

PARLIAMENT STAFF SPORTS DAY 20/11/2015

FOOTBALL RULES AND REGULATIONS

All FIFA rules will apply except the following:-

1. Teams will play on a round robbing format whereby each team plays the other
2. Games will be played 20x20minutes half for men and 15x15min for ladies
3. Teams will be allowed a maximum of 5 substitutes in every match.
4. A player shown a red card or send off misses only the match he was taking part in i.e a player sent off can play in the next match
5. Referees will be drawn from the Kenya Football Federation
6. Scoring of paints will be as follows

Winner – 3 points

Draw – 1 point

Walkover – 2 goals and 3 points

7. Teams will be required to report to the referee 10 minutes to the march
8. Referees decision will be final

NB Kindly keep time and have a sporting day.

REPUBLIC OF KENYA



PARLIAMENTARY SERVICE COMMISSION

MINUTES OF 3RD JOINT MEETING BETWEEN THE STAFF WELLNESS, SPORTS AND RECREATION COMMITTEE AND CHAIRPERSONS, TEAM MANAGERS AND CAPTAINS OF THE SERVICES SPORTS COMMITTEES HELD ON WEDNESDAY, 18TH NOVEMBER, 2015 IN COUNTYHALL, FIRST FLOOR MINI CHAMBER AT 12.00 NOON

PRESENT

Mr. Sylvester Ochola	-	Health Club Manager	-	Chairman
Mr. Stephen Gikonyo	-	Clerk Assistant I	-	Member
Mr. Stephen Mutungi	-	Senior Hansard Editor	-	Member
Alice Nanyama	-	Senior Personal Secretary		(taking minutes)

ABSENT WITH APOLOGY

Cryspus Tima	-	Clerk Assistant III	-	Secretary
Ms. Wanjiru Ndindiri	-	Clerk Assistant I	-	Member
Ms. Lilian Marete	-	Senior Internal Auditor	-	Member

INATTENDANCE

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
1. Silpa Akomo	Senate	Wellness Committee
2. Carolyn Njuki	Senate	Captain Badminton
3. Mwaura Peter	Senate	Captain Tug of War
4. Natalie Kazungu	National Assembly	Ag. Capt Swimming
5. Beatrice Mwikali	National Assembly	Captain Badminton
6. Felistus Muiya	National Assembly	Team Manager Volleyball
7. Faith Makena	National Assembly	Captain Athletics
8. Luka Mutua	Joint Service	Team Manager Athletics

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
9. Sarah Rukwaro	Senate	Captain Netball
10. Gladys Chebet	Joint Service	Captain Netball
11. Daisy Rotich	Joint Service	Team Coordinator Netball
12. Evance O. Owino	Police Service	Team Captain
13. Martha Odongo	Joint Service	Captain Tug of War
14. Faith Ndeto	Joint Service	Captain Darts
15. Joel Nassiuma	Joint Service	Coordinator indoor games
16. Celina Gambare	Joint Service	Team Manager Tug of War
17. Susan Martim	National Assembly	Team Member
18. Ruth Vusaka	Senate	Team Manager
19. Susan Juma	Senate	Team Captain
20. Lydia Nyagol	Senate	Team Manager
21. Peris Kaburi	National Assembly	Captain Tug of War
22. Purity Nkari	National Assembly	Captain Netball
23. Jennifer Supuko	Joint Service	Captain Volleyball
24. Rose Kanini	Joint Service	Captain Women Football
25. Joseph Naimodu	Senate	Football Rep.
26. E. Phina Bosire	Senate	Captain Tug of War
27. Wanjau Alice	Police	Captain Netball
28. Richard Njoroge	Senate	Captain Tug of War
29. Anthony Muchiri	National Assembly	Captain T/Tennis
30. Onesmus Kiragu	National Assembly	Captain T. Tennis
31. Javan Loriko	Joint Service	Capt. Pool, Badminton T.T
32. Jenipher Omondi	Joint Service	Team Manager Women Football
33. Kirui Erick	Police	Team Manager
34. John Nzive	Police	Captain Darts
35. Mary Ng'ang'a	Joint Service	Team Manager Volleyball
36. Benjamin Ngimor	National Assembly	Committee Member

37. David Langat	Joint Service	Team Manager
38. Florence Kimoltochok	Joint Service	Team Manager
39. Violet Andavuki	Joint Service	Captain
40. Yeziel Jillo	National Assembly	Captain
41. Winnie Morogo	Joint Service	Team Manager
42. Henry Chebiego	Senate	Team Captain

AGENDA

1. Adoption of the Agenda
2. Confirmation of the minutes of the first and the second sitting of the Joint Meeting
3. Matters arising
4. Confirmation and signing of Rules and Regulations of sports

(i) Athletics	(v) Badminton	(viii) Table Tennis
(ii) Tug of war	(vi) Swimming	(ix) Football
(iii) Netball	(vii) Pools	(x) Darts
(iv) Volleyball		
5. Confirmation and signing of team lists
6. Programme
7. Any Other Business

MIN.NO.WSR/18/18/11/2015 INTRODUCTION

The Chairman called the meeting to order at 12.50 p.m. with a word of prayer by Mr. Richard Njoroge. Thereafter the chairman gave the members present an opportunity to introduce themselves and their role in sports. Tug of war Swimming, men and women 2014 trophies were also returned by National Assembly,

MIN.NO.WSR/19/18/11/2015 ADOPTION OF THE AGENDA

The agenda of the day was adopted proposed by Silpa Akomo and seconded by Faith

MIN.NO.WSR/20/18/11/2015 CONFIRMATION OF THE MINUTES OF THE 1ST MEETING

The minutes of the 1st and the 2nd sitting were confirmed as a true record of what was deliberated having been proposed by Ms. Peris Kaburi and seconded by Jennifer Supuko; Ruth Vusaka and Joel Nassiuma respectively.

Minutes of the 1st Sitting

Eligibility of participants -The chair clarified on the issue of eligibility of the teams lists which should have the name, personal number and the service citing that Identification cards and badges will be required.

Rules and Regulations

It was also emphasized that the services should adhere to the rules provided especially on the specific number of players in respective disciplines.

It was agreed that tug of war the crowd will watch from the dais unlike overcrowding in the field and that any kind of shoes will be used.

Prizes would be given after every event to ease congestion of activities at the end of the day.

Submission of Team List

Despite requests to make additional players to respective team lists it was agreed that the same should be forwarded by 4.00 p.m. the very day signed by the team captain. It was also agreed that the team list should be in order of priority of the players. The following officers were tasked with team lists:

- Joint Service - Joel Nassiuma
- Senate - Silpa Akomo
- National Assembly - Wanjiru Ndindiri
- Police - Mr. Kirui

Tabulation and Correlation of Results

It was agreed that representatives from every service would be required to oversee tabulation and should not be one participating in games.

Programme for Sports Day

It was brought to the attention of members present that the programme could not be drawn without having the team lists to guide on the disciplines engaged, therefore need to submit the same.

Security

Mr. Joel Nassiuma incharge of security was advised to seek official communication (a memo) from the chair to security department requesting for security on the material day.

Master of Ceremony

The chair indicated that so far the master of ceremony had been gotten i.e Mr. Sammy Ooyo and Mr. Mwaniki from Prison

Site visit

The chairman tasked all the officials to be involved in site visit to acquaint with the venue for various disciplines and where each service will be sitting to avoid confusion. It was agreed the same meet on Thursday, 19th November, 2015 at Nyayo stadium at 9.00 a.m. and thereafter have a meeting in the same place.

Catering Services

It was noted that Parliament catering staff were unable to provide the services as most of them would be participating in games, therefore arrangement to outsource was underway.

Matters arising from Minutes of the 2nd Sitting

Swimming

The match organizer requested the list of participants to enable him formulate friendly rules and regulations on the same.

Badminton

The members were notified that Nyayo Stadium basket ball pitch would be redesigned to meet the needs of the discipline.

MIN.NO.WSR/22/18/2015

RULES AND REGULATIONS

It was agreed that rules and regulations would be forwarded to respective services to sensitize their teams.

MIN.NO.WSR/23/18/2015

TEAM LISTS & PROGRAMME

Teams lists were not available affecting drawing of the programme

MIN.NO.WSR/24/18/11/2015 ANY OTHER BUSINESS

Trophies

It was agreed that the remaining trophies from National Assembly should be surrendered by 2.00 p.m. the same day.

The members agreed that winning teams should be given medals.

Catering

The officer responsible for catering informed the members that quotations for catering services were underway which should meet their budget.


Tea and snacks be served at 8.00 a.m.

Lunch Menu

Rice, potatoes, chapatti, chicken, mixed vegetable, water and sodas

MIN.NO.WSR/25/18/11/2015 ADJOURNMENT AND DATE OF NEXT MEETING

There being no any other business, the meeting ended at 2.30 p.m. with a word of prayer from Jennipher Supuko. The next meeting will be on 19th November, 2015 at Nyayo Stadium.

Signed  Date 20th November 2016

MR. SYLVESTER OCHOLA
CHAIRMAN, WELLNESS, SPORTS AND RECREATION COMMITTEE

REPUBLIC OF KENYA



PARLIAMENTARY SERVICE COMMISSION

MINUTES OF 4th JOINT MEETING BETWEEN THE STAFF WELLNESS, SPORTS AND RECREATION COMMITTEE AND CHAIRPERSONS, TEAM MANAGERS AND CAPTAINS OF THE SERVICES SPORTS COMMITTEES HELD ON THURSDAY, 19TH NOVEMBER, 2015 AT NYAYO STADIUM 10.45A.M.

PRESENT

Mr. Sylvester Ochola	-	Health Club Manager	-	Chairman
Ms. Wanjiru Ndindiri	-	Clerk Assistant I	-	Member
Ms. Lilian Marete	-	Senior Internal Auditor	-	Member
Alice Nanyama	-	Senior Personal Secretary		(taking minutes)

ABSENT WITH APOLOGY

Mr. Stephen Gikonyo	-	Clerk Assistant I	-	Member
Mr. Stephen Mutungi	-	Senior Hansard Editor	-	Member
Crypus Tima	-	Clerk Assistant III	-	Secretary

INATTENDANCE

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
1. Edward Salamba	Tug of War	Referee
2. Millicent Busolo	KNF	Netball umpire
3. Winnie Kamau	Kenya Swimming F.	Swimming Official
4. Maurice Nyaoke	Nyayo Stadium	Stadium Manager
5. Kennedy Busolo	Kenya Darts Assoc.	PRO Official
6. Eva Karimi	Shiatso	Massage Services
7. Ema Gichuru	Shiatso	Massage Services
8. Geoffrey Shigoli	Badminton	Coach
9. John Oganga	Badminton	Coach

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
10. Alex Mutisya	Karen Hospital	
11. Tabitha Njoroge	Football	Referee
12. Evans Chesang	Volleyball	Referee
13. Charles Musera	Senate	Captain Men Football
14. Erick Kirui	Police	Team Manager
15. Johnson Gakungu	Joint Service	Team Manager Swimming
16. Joel Nassiuma	Joint Service	
17. Gladys Chebet	Joint Service	Captain Netball
18. Alice Wanjau	Police	Captain Netball
19. Winnie Morogo	Joint Service	Team Manager Athletics
20. Jennipher Omondi	Joint Service	Team Manager Women Football
21. Rose Kanini	Joint Service	Captain Women Football
22. Khadija Ali	National Assembly	Captain Women Volleyball
23. Celina Gambare	Joint Service	Team Manager Women Tug of war
24. Purity Nkari	National Assembly	Captain Netball
25. Faith Ndeto	Joint Service	Captain Darts
26. E. Phina Bosire	Senate	Captain Women Tug of War
27. Jennifer Supuko	Joint Service	Captain
28. Naman Agengo	Joint Service	Team Manager
29. Florence Kimoltochok	Joint Service	Team Manager
30. Mabwai Bethwel	Joint Service	Badminton men
31. Violet Andavuki	Joint Service	Captain Athletics
32. Martha Odongo	Joint Service	Captain Women Tug of War
33. David Langat	Joint Service	Team Manager

MIN.NO.WSR/26/19/11/2015 INTRODUCTION

The Chairman called the meeting to order at 10.45a.m. after site visit in Nyayo Stadium. Thereafter the chairman gave the members present an opportunity to introduce themselves and their role in sports.

MIN.NO.WSR/27/19/11/2015 SITE VISIT

The chairman informed the members present that the team had had a view of all venues where sports will take place and that Badminton was yet to be set as the basket ball pitch would be used. He cited that it was important to be acquainted with the venue by the teams captains to avoid confusion and waste of time during sports day.

The chairman informed the members that there would be tents for massage and one for Karen hospital to offer basic checkups i.e. temperature, blood pressure, blood sugar, BMI, cardiologist and cancer sensitization

MIN.NO.WSR/28/19/11/2015 TEAM DRAWS

This was a session for having the team draws to guide sports.

Netball

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	Joint Service	Jebet
2.	Senate	Musera
3.	National Assembly	
4.	Police	Alice

Order of the Games

Joint service	Vs	Police
Senate	Vs	National Assembly
National Assembly	Vs	Joint Services
Police	Vs	Senate
National Assembly	Vs	Police
Senate	Vs	Joint Service

Volleyball Women

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	Joint Service	Jennipher Supuko
2.	Police	Alice
3.	Senate	Bosire Phina
4.	National Assembly	Hadija

Order of the Games

Joint Service	Vs	National Assembly
Police	Vs	Senate
Senate	Vs	Joint Service
National Assembly	Vs	Police
Senate	Vs	National Assembly
Joint Service	Vs	Police

Volleyball Men

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	Joint Service	Jennipher Supuko
2.	National Assembly	Purity
3.	Senate	Musera
4.	Police	Kirui

Order of the Games

Joint Service	Vs	Police
National Assembly	Vs	Senate
Senate	Vs	Joint Service
Police	Vs	National Assembly
Senate	Vs	Police
National Assembly	Vs	Joint Service

Tug of War Women

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	Police	Alice
2.	Joint Service	Violet
3.	National Assembly	Purity
4.	Senate	Bosire

Order of the Games

Police	Vs	Senate
Joint Service	Vs	National Assembly
National Assembly	Vs	Police
Senate	Vs	Joint Service
Joint Service	Vs	Police
Senate	Vs	National

Tug of War Men

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	Senate	Musera
2.	Joint Service	Namaan
3.	National Assembly	Purity
4.	Police	Kirui

Order of the Games

Senate	Vs	Police
Joint Service	Vs	National Assembly
National Assembly	Vs	Senate
Police	Vs	Joint Service
Senate	Vs	Joint Service
Police	Vs	National Assembly

Football Women

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	National Assembly	Hadija
2.	Police	Kirui
3.	Senate	Bosire
4.	Joint Service	Kanini

Order of the Games

National Assembly	Vs	Joint Service
Police	Vs	Senate
National Assembly	Vs	Senate
Joint Service	Vs	Police
Senate	Vs	Joint Service
National Assembly	Vs	Police

Football Men

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	Joint Service	Naman
2.	National Assembly	Purity
3.	Police	Kirui
4.	Senate	Musera

Order of the Games

Joint Service	Vs	Senate
National Assembly	Vs	Police
Police	Vs	Joint Service
Senate	Vs	National Assembly
Police	Vs	Senate
Joint Service	Vs	National Assembly

Darts

<u>Position</u>	<u>Service</u>	<u>Officer</u>
1.	Senate	Musera
2.	National Assembly	Hadija
3.	Joint Service	Faith Ndeto
4.	Police	Kirui

Order of the Games

Senate	Vs	Police
National Assembly	Vs	Joint Service
Senate	Vs	Joint Services
National Assembly	Vs	Police
Senate	Vs	National Assembly
Joint Service	Vs	Police

Pool, Table Tennis and Badminton draws would be done on the material day.

MIN.NO.WSR/29/19/11/2015 TABULATION AND CORRELATION

The chairman notified the members that nomination for representatives from the teams should be done in written and signed by the team manager.

MIN.NO.WSR/30/19/11/2015 DISPUTE AND RESOLUTION

This was agreed that the composition would be the General Team Manager, the Team Captain and the match official.

MIN.NO.WSR/31/19/11/2015 TEAM LISTS

It was noted that Senate and National Assembly as at that morning had forwarded their team lists except the Joint service and Police which was to be forwarded.

MIN.NO.WSR/32/19/11/2015 PROGRAMME

The programme was yet to be drawn but members were notified that the march past would be at 7.00 a.m. the material day and the members should arrive from 6.00 a.m.

MIN.NO.WSR/33/ 19/11/2015 FACILITIES REQUIRED IN VARIOUS DISCIPLINES

Darts

It was emphasized that 5 players regardless of gender per team would participate.

Items required:

1. Board was to be brought by Joel Nassiuma before close of business same Thursday.
2. 2 packets of dustless chalk
3. Masking tape

Badminton

1. 2 Nets
2. 4 Poles
3. Rackets
4. Masking tapes
5. Labour for marking the field Kshs.15,000 for two courts

Swimming

1. Participants should be available at 12.00 noon
2. Public address system at the swimming pool the material day for ease of communication
3. Writing materials (foolscap and pens)
4. Blind folds

Resolution:

The required items could be availed on the material day.


MIN.NO.WSR/34/19/11/2015 ANY OTHER BUSINESS

Trophies

It was agreed that the time keeping was of essence and that discipline should be maintained embracing that we are one.

MIN.NO.WSR/35/19/11/2015 ADJOURNMENT

There being no any other business, the meeting ended at 12.30

Signed  Date 25th November 2016

MR. SYLVESTER OCHOLA
CHAIRMAN, WELLNESS, SPORTS AND RECREATION COMMITTEE

REPUBLIC OF KENYA



PARLIAMENTARY SERVICE COMMISSION

MINUTES OF 5th JOINT MEETING BETWEEN THE STAFF WELLNESS, SPORTS AND RECREATION COMMITTEE AND CHAIRPERSONS, TEAM MANAGERS AND CAPTAINS OF THE SERVICES SPORTS COMMITTEES HELD ON WEDNESDAY, 25TH NOVEMBER, 2015 IN COUNTY HALL FIRST FLOOR MINI CHAMBER AT 13.00 P.M.

PRESENT

Mr. Sylvester Ochola	-	Health Club Manager	-	Chairman
Wanjiru Ndindiri	-	Clerk Assistant I	-	Member
Lilian Marete	-	Senior Internal Auditor	-	Member
Alice Nanyama	-	Senior Personal Secretary		(taking minutes)

ABSENT WITH APOLOGY

Mr. Stephen Gikonyo	-	Clerk Assistant I	-	Member
Mr. Stephen Mutungi	-	Senior Hansard Editor	-	Member
Mr. Cryspus Tima	-	Clerk Assistant III	-	Secretary

INATTENDANCE

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
1. Faith Makena	National Assembly	Captain Athletics
2. Florence Kimoltochok	Joint Service	Team Manager
3. Charles Musera	Senate	Captain Men Football
4. Allan Opiyo	Joint Service	Asst. Coordinator
5. Khadija Ali	National Assembly	Team Manager
6. Mary Ng'ang'a	Joint Service	Team Manager Women Volleyball

<u>NAME</u>	<u>SERVICE/ORG</u>	<u>POSITION IN SPORTS</u>
7. Luka Mutua	Joint Service	Team Manager Athletics
8. Jenipher Omondi	Joint Service	Team Manager Women Football
9. Joel Nassiuma	Joint Service	Team Manager indoor games
10. Kirui Erick	Police	Team Manager
11. Evance Owino	Police	Team Captain
12. Kiplagat Mitei	Police	Team Captain
13. Benson Bii	Senate	Team Captain
14. Shakila Mukolwe	National Assembly	Captain
15. Felistus Muiya	National Assembly	Team Manager Volleyball
16. Peris Kaburi	National Assembly	Captain Tug of War
17. Elijah Ichwara	Joint Service	Asst. Team Manager
18. Celina Gambare	Joint Service	Team Manager Tug of War
19. Gladys Chebet	Joint Service	Captain Netball
20. Purity Nkari	Joint Service	Captain Netball
21. Rose Kanini	Joint Service	Captain Women Football
22. Jennifer Supuko	Joint Service	Captain Volleyball
23. Mainah Wanjiku	National Assembly	Team Manager
24. Mwaura Peter	National Assembly	Team Manager
25. David Langat	Joint Service	Team Manager
26. Benjamin Ng'imon	National Assembly	Team Manager

AGENDA

1. Adoption of the Agenda
2. Confirmation of minutes the 3rd and 4th Joint Sitings
3. Matters arising
4. Tabulation and Correlation of Results
5. Challenges and Review during Sports Day
6. Any Other Business

MIN.NO.WSR/36/25/11/2015 INTRODUCTION

The Chairman called the meeting to order at 13.00 p.m. with a word of prayer by Alice Nanyama.

MIN.NO.WSR/37/25/11/2015 ADOPTION OF THE AGENDA

The agenda of the meeting was adopted by the members proposed by Celina Gambare from Joint Service and seconded by Charles Musera from the Senate.

MIN.NO.WSR/38/25/11/2015 CONFIRMATION OF MINUTES OF THE 3RD AND 4TH SITTINGS

Minutes of the 3rd and the 4th sittings were confirmed as a true record of the deliberations having been proposed by Florence Chemutai, seconded by Peter Mwaura; Charles Musera and Jennipher Omondi respectively.

MIN.NO.WSR/39/25/11/2015 MATTERS ARISING

3rd Sitting

Rules and Regulations

It was of concern whether the rules and regulations that governed sports on the material day were permanent or not.

Resolution: It was resolved that they were just for that particular day but there is need to formulate rules and regulations and be availed to the teams in advance for future use.

Action: This was tasked to the Chairman to come up with the draft which will be forwarded to the teams for their input and adoption.

Team lists were compiled and used during sports.

Catering Services

The chairman apologized to the members for the lapse in catering services due to short notice originating from the approval of the budget. He also cited that there was a communication breakdown at some point due to procurement process, lack of sufficient catering staff as some had travelled outside the country whereas others were participating in sports resulting to providing whatever they could at that time.

Resolution: Wellness Committee should come up with sports day budget in advance to avoid the hiccup, hence promised to improve on the same.

Award of Medals

Members raised concern that it was not proper for the winners to collect medals from the office for it should have been given officially by the guest of honour. The Chairman informed the members that the Speaker was in a hurry and could not give medals at that particular time.

Resolution: The members were informed that the Clerk of the Senate was organizing for a cocktail party around mid December, 2015 where the medals can be given out officially.

4th Sitting

Tabulation and correlation of results could be tackled in the main agenda.

It was noted that complaints were only verbal but there was no written therefore no disputes.

MIN.NO.WSR/40/25/11/2015 TABULATION AND CORRELATION OF RESULTS

It was agreed that ranking of points be awarded as follows:

1. winner 4 points,
2. 3 points
3. 2 points
4. 1 point

Note: Individual games, athletics and the teams be awarded points, Best players selection is based on the referees comments.

Team selection was done by the referees who would explain in the next meeting the criteria used.

It was agreed that the committee members compile the results and circulate by Friday, 27th November, 2015.

The chairman was of the opinion that the staff team of all disciplines should visit Uganda next year.

MIN.NO.WSR/41/25/11/2015 CHALLENGES

1. Proper Uniform Sport's Kits

It was noted that some of the teams did not have proper kits for various sports disciplines i.e. joint service and Senate teams using one T. shirt in all sporting activities.

- i. The members were of the concern that joint service should form their wellness committee to look into their welfare.
- ii. Every house to do their budget and forward to the General Committee in good time for own wards transmission.
- iii. Sports day uniform to be purchased from a central location thus Parliamentary Service Commission Wellness, Sports and Recreation Committee for quality uniformity purposes, fair allocation and distribution of funds.

2. Catering Services

There was no sufficient water and soft drinks in the playing courts and even lunch was not served as previously promised hence players had to buy their own water and played on an empty stomach

After discussions and considerations it was agreed that dining together or from a central location for Parliamentary Service Commission Staff promotes unity and team spirit therefore the members agreed that the budget for the same should be done and approved in advance to avoid challenges related to late approvals.

3. Sports Day

- (i) The members expressed concern on having sports one day being so tiresome especially to the participants involved in several disciplines.

Resolutions: it was recommended by the members that in future sports should be done in two days to ease congestion of activities and wrapped up with a party for mingling thus embracing togetherness.

- (ii) Delegation of responsibilities lacked in the committee to ease overload of work which will be looked into next time.
- (iii) Issuance of medals was not done overall announcement of no.1,2,3,4 was not mentioned which needs to be corrected in the future.

4. Indoor Games

Badminton, Darts, Table Tennis, Swimming are normally left out in outside games.

Resolution: They should form a team and select a captain to have a meeting with the he coach/Chairman.

5. Team spirit/inter-house unity

Members were of the opinion that next competition be done inter directorates across the houses which was not agreed but resolved that inter houses/services be maintained as we nurture the directorates since other directorates have fewer staff.

It was clarified PSC sports team are already in place having been chosen from the major sporting.

6. Eligibility of players

There was doubt cast on the police team i.e. in Volleyball, athletics 1500 meters and 800 meters as some seemed not to be attached to Parliament.

It was agreed that in future the police should play as a guest team and not as active competitors.

MIN.NO.WSR/42/25/11/2015 ANY OTHER BUSINESS

Weekly sports day

Members suggested that weekly sports day practice should be done on Monday's and Fridays to accommodate those engaged in House business during sitting days although getting a venue could still be a challenge.

There was also a proposal of having Parliament Sports Club which is a long term issue.

The Chairman thanked the members for their commitment to the meetings and looked forward to engage in the future. He also commended Alice Nanyama for the good work done towards sports day.

MIN.NO.WSR/43/25/11/2015 ADJOURNMENT

There being no any other business, the meeting ended at 14.40 p.m. with a word of prayer from Alice Nanyama.

Signed Date 7th APRIL 2016

MR. SYLVESTER OCHOLA
CHAIRMAN, WELLNESS, SPORTS AND RECREATION COMMITTEE